

Greater Brunswick Charter School –January 2020–Lunch Menu

429 Joyce Kilmer Ave., New Brunswick, NJ 732-448-1052

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1) No School	2) No School	3) No School
6) <u>Meatless Mondays</u> Grilled Cheese Herb Roasted Potatoes Spinach Salad Fruit DF: Turkey Sandwich	7) Chicken Nuggets Sweet Potato Fries Broccoli WW Dinner Roll Fresh Fruit	8) Pasta with Marinara Sauce Garden Salad Shredded Cheese (On Side) Honey and Cinnamon Chickpeas Fruit DF: No Cheese 3.5oz Turkey	9) Baked Chicken (cubed) Ceasar Salad Corn WW Dinner Roll Fruit DF: No Dressing	10) Scrambled Eggs Waffles Carrot Sticks Celery Sticks Fruit
13) <u>Meatless Mondays</u> Mac and Cheese Roasted Chickpeas Broccoli Fruit DF: Turkey Sandwich	14) Beef Taco w/ Corn Tortillas Shredded Cheese Black Beans Garden Salad Fruit DF: No Cheese	15) Egg and Cheese on WW English Muffin Spinach Salad Mexican Street Corn Salad Fruit DF: No Cheese/ 2 Eggs	16) Roasted Chicken Legs Honey Glazed Carrots Silver Dollar Fries Dinner Roll Fruit	17) Cheese Pizza Baby Carrots Celery Fruit DF: Turkey Sandwich
20) No School	21) Chicken Sliders Tator Tots Carrot Sticks Fruit	22) Fish Sticks Sweet Potato Fries Celery Sticks WW Dinner Roll Fruit	23) Chicken Parmigiana Sub Broccoli Silver Dollar Fries Fruit DF: No Cheese	24) Radical Rice and Bean Enchilada Garden Salad Cherry Tomatoes Fruit
27) <u>Meatless Mondays</u> Alfredo Pasta Spinach Salad Celery Sticks Fruit DF: Turkey Sandwich	28) Hamburger Baked Beans Silver Dollar Fries Fruit	29) Pasta with Marinara Sauce Garden Salad Shredded Cheese (On Side) Corn Fruit DF: No Cheese 3.5oz Turkey	30) Chicken Patty Sandwich Broccoli Sweet Potato Fries Fruit	31) Cheese Pizza 3 Bean Salad Carrot Sticks Fruit DF: No Cheese 3.5oz Turkey

Asare's Den Restaurant & Caterers 855 Hamilton Street, Somerset, NJ 08873 732-246-7660

All meals come with 1% white, Fat Free White, or Fat Free Chocolate milk. Parents may pre-pay for lunches.

You can find our wellness policy in your student handbook.

This establishment is an equal opportunity employer and provider.

Este establecimiento es un empleador que ofrece igualdad de oportunidades y el proveedor.